



Lubbock ISD Cross Country Invitational
September 23rd, 2023

15 DIVISIONS:

A Girls	A BOYS
AA GIRLS	AA BOYS
AAA GIRLS	AAA BOYS
AAAA GIRLS	AAAA BOYS
AAAAA GIRLS (5k)	AAAAA BOYS
AAAAAA Girls (5k)	AAAAAA BOYS
JV Girls (2 mile)	JV BOYS
JV Girls (5K)	

Awards: Team Champion and Runner up will receive trophies in Varsity divisions only. *Trophies may be picked up in the cafeteria after team results have been posted.* Medals will be awarded to the Top 25 in each division.

Entries: You may only enter up to 7 competitors in the varsity divisions. Top 5 finishers will count towards the team score.

ENTRIES DUE on directathletics.com by 5 PM Tuesday, September 19th.

UIL rules apply.

Chip timing will be used for Varsity Competition. 1 chip per athlete.

The chip is the official finish.

Varsity entries are accepted on Directathletics.com.

JV Entries are accepted on Directathletics.com by 5pm Tuesday SEPTEMBER 19th, 2023.

You must pay for the number of athletes entered. NO refunds at registration.

Packets: packets may be picked up starting at 7:00 a.m. (school cafeteria)

Entry Fee: Varsity teams with 5-7 runners will pay \$12 per athlete. Individual entry fee is \$12 per athlete. JV fees are \$6 per athlete.

All checks should be payable to and mailed to:

LISD Athletics

Attn: LISD Cross Country Invitational

1628 19th St. Lubbock, TX 79401

*******ONLINE ENTRIES ARE DUE TUESDAY 5 PM SEPTEMBER 19th 2023*******

Mike Meeks – Executive Director, Athletic Department
1628 19th Street Lubbock, Texas 79401

E-mail: mikemeeks@lubbockisd.org **Tel:** 806.219.0100 **Fax:** 806.766.2202
www.LubbockISD.org



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RACE SCHEDULE

2A GIRLS	9:00	2 Mile
2A BOYS	9:30	5k
3A GIRLS	10:00	2 Mile
3A BOYS	10:30	5K
4A GIRLS	11:00	2 Mile
4A BOYS	11:30	5K
JV GIRLS	12:00	2 Mile
JV GIRLS	12:05	5K
JV BOYS	12:30	5K
5A GIRLS	1:00	5K
5A BOYS	1:30	5K
6A GIRLS	2:00	5K
6A BOYS	2:30	5K
1A GIRLS	3:00	2 Mile
1A BOYS	3:30	5K

****JV Girls may enter either the 3200m or 5K race**



COURSE RECORDS & TEAM CHAMPIONS

Varsity Boys (old course) (5K)	Colby Lowe	Southlake Carroll	14:26.31	2007 R1
	Craig Lutz	Lewisville Marcus	14:02.06	2010 R1
Varsity Girls (old course) (2 Mile) (5K)	Brionne Yosten	Hereford	10:48.33	1999 R1
	Rachel Johnson	Plano	10:53.10	2010 R1
	Ashton Endsley	Abilene	17:07.17	2016 R1
Team Champs 2022	Girls	Boys		
A	Springlake Earth	Jayton		
AA	Sundown	Christoval		
AAA	Holiday	Presidio		
AAAA	Canyon Randall	Canyon		
AAAAA	Abilene	Argyle		
AAAAAA	Highland Park	Coppell		



COACHES INFORMATION SHEET

(Needed upon receipt to update mailing list)

PLEASE FILL OUT THE FOLLOWING INFORMATION:

COACH _____

SCHOOL _____

(circle one)

Boys

Girls

(circle one)

1A

2A

3A

4A

5A

6A

OFFICE

PHONE _____ HOME _____

CELL _____ EMAIL _____

School PHONE _____

Fax (806) 766-2202 or email to Mike Meeks at mike.meeks@lubbockisd.org